



2024 Grassroots League Rules & Admission Fees

FORMAT: Games will include two 16-minute halves for all Grades, with stop clock last two minutes of the game & 2- minute half-time. Two games per Friday night. Game time is forfeit time; teams must be ready to start 10 minutes before posted start time. Awards will be given to each Division Champion.

- Full-court press allowed in 6th-8th grade
- Any and all defenses will be allowed in 6th-8th grade
- NO PRESSING ALLOWED 5th grade and below
- Any and all defenses will be allowed 5th grade and below once offense crosses half-court
- A 25 point lead will result in scores being set to 0 on the scoreboard.

RULES: National Federation of High School basketball rules will be enforced with referee judgment exceptions in the 1st-2nd grade divisions. Free-throws will be taken after 10 fouls as double-bonus.

OVERTIME: If required, three (3) minute overtime period with stop clock the final minute will be played. Double overtime is decided by sudden death. One time-out for the first overtime period only.

HOME/VISITOR: First Team listed is the “Home Team” and required to wear light colored uniforms.

TIME-OUTS: Two 1-minute time-outs per half. Time-outs **cannot** be carried over. One 1- minute time-out is allowed for the initial overtime period only.

TEAM ROSTER: Coach must complete and submit a ACA Team Roster Form, per team, prior to first game; Coach may make changes to the roster through Week 2. Coach must possess and be prepared to present proof of eligibility for every player upon roster submission.

PROTESTS: Coaches may file protests against suspected ineligible players at any time. ACA staff only will handle protests.

ENTRY FEES: Daily Pass - \$6.00 for adults/HS students and \$4.00 for students (1st -8th). Coaches - two coaches will be admitted free with Coach’s ID/stamp.

*****Remember this is a Grassroots/Beginner basketball league. It’s supposed to be about growth, development, and having fun!*****